



Teddy Bear Clinic

Grade Level: K-2

Class/Classes: All **Professions:** Nurse

All HOTT lesson plans are designed with the purpose of increasing students' awareness of the variety of health careers that are available to them. If possible, invite the corresponding health professional into your classroom to discuss his/her occupation. If this is not an option, use the attached sheet(s) to share this/these career(s) with your students.

Purpose: To inform students about a nurse's job responsibilities.

Materials needed: A stuffed animal (teddy bear, doll, etc.) for each student and one for the nurse and teacher. The teacher may want to bring a few extra stuffed animals to class. The nurse will need to bring a stethoscope and other tools used to assess patients.

Duration: 35- 40 minutes

Instructions:

- Invite a nurse to visit your class.
- As a class, think of questions to ask the nurse including but not limited to:
 - o Do you like your job?
 - o How many hours to do work a week?
 - o What departments do you work for?
- The nurse will use the stuffed animal to demonstrate how he/she assesses a patient.
- For example, the nurse will show the students where to listen for a heartbeat by placing the stethoscope on the stuffed animals "heart."
- Once the nurse has finished the assessment, allow your students to ask questions.
- Use the attached worksheet to examine pulse rates.

References:

- South Dakota Department of Rural Health

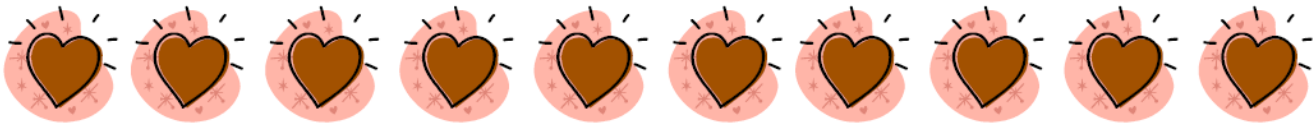


Your  beat: _____

Your partner's  beat: _____

Whose heart rate was more? _____

How much more? _____ more heart beats



A **Nurse** is a person who cares for people who are sick or disabled. The nurse may check the patient before the doctor sees them. They may check the ears, throat, eyes, or blood pressure.



Do you know a nurse?



Where can a nurse work? (*school, clinic, hospital...*)



Do you know your school nurse?



How do nurses help you?